

# FOODLAND IGA

*Mercado*



Chicken Drumsticks  
*Pierna de Pollo Family Pack*

Marinated Chicken Drums or Thighs Family Pack  
*Pollo Marinado \$1.29 Lb.*

**59¢**  
Lb.

Tomatillos & Jalapenos or White Onions  
*Tomatillos y Chiles Jalapeño o Cebollas Blancas*

**3/99¢**  
Lbs.

Bone-In Beef Chuck Roast or Meaty Beef Shanks Family Pack  
*Diezmillo para Barbacoa o Chormorro de Res*

**\$2.19**  
Lb.

Radishes or Green Onions  
*Rabanos o Cebollas Verde*

**3/99¢**  
For

Boneless Skinless Chicken Leg Meat or Pork Sirloin Chops  
*Pollo Deshuesado o Chuletas de Puerco Family Pack*

**\$1.19**  
Lb.

Bulk by the Pound \$2.99 Lb.

Tilapia Fillets  
*Filete de Mojarra*

**\$1.99**  
Lb.

SOLD IN 10 LB. BOX

Large Cucumbers & Celery or Green Kale  
*Pepinos y Apio o Col Rizada Verde*

**2/99¢**  
For

Cantaloupes or Chayote Squash  
*Melones o Chayote*

**2/99¢**  
Lbs.

Beef T-Bone Steak  
*Bistec de Lomo de Res Family Pack*

**\$3.99**  
Lb.

Porterhouse Steak Family Pack  
*Bistec de Lomo de Res \$4.49 Lb.*

Pork Butt Roast or Meaty Pork Neck Bones Family Pack  
*Trozo de Puerco para Tamales o Espinazo de Puerco*

**\$1.39**  
Lb.

Dragon Fruit  
*Pitaya*

**\$2.49**  
Lb.

Fresh Guavas  
*Gueyabas \$1.99 Lb.*

Juicy Limes  
*Limon Verde 79¢ Lb.*

Large Hass Avocados  
*Aguacates*

**4/\$5**  
For

## Smart Shopper Specials

Here's How:

1. PICK UP YOUR SAVER FOLDER AT ANY OF OUR CHECKOUTS
2. YOU WILL RECEIVE ONE SMART SHOPPER STAMP FOR EACH FULL \$1.00 OF YOUR GROCERY ORDER
3. PASTE THESE STAMPS ON YOUR SAVER FOLDER. REDEEM YOUR FILLED FOLDER FOR ANY ONE OF OUR FABULOUS SMART SHOPPER SPECIALS!

2001

Doritos or Sabritas Chips  
*Frituras*  
6.5 - 9.75 Oz.

**\$1.99**

Limit 1 Per Filled Folder  
Without Filled Folder \$3.49

2002

Coca-Cola & Sprite Products  
*Refrescos*  
2 Liter

**69¢** +CRV

Limit 1 Per Filled Folder  
Without Filled Folder \$1.79 +CRV

2003

Best Yet Shredded or Block Cheese  
*Queso*  
8 Oz.

**\$1.29**

Limit 1 Per Filled Folder  
Without Filled Folder 2 for \$5

2004

Russet Potatoes  
*Papas en Bolsa*  
10 Lb. Bag

**\$1.29**

Limit 1 Per Filled Folder  
Without Filled Folder 2 for \$5

2005

Dannon Danimals Drinkables  
*Yogur*  
6 Pack

**\$1.79**

Limit 1 Per Filled Folder  
Without Filled Folder \$2.99

2006

Sabor Rico Assorted Gelatin  
*Gelatinas*

**7/\$1**  
For

Limit 7 Per Filled Folder  
Without Filled Folder 3 for \$1

2007

Tru Blu Saltine Crackers  
16 Oz. or Old El Paso Taco Shells  
4 - 6.6 Oz.

**69¢**

*Galletas o Venta de Tacos*

Limit 1 Per Filled Folder  
Without Filled Folder \$1.99

2008

Budweiser or Bud Light  
*Cerveza*  
18 Pack Cans

**\$10.99** +CRV

Limit 1 Per Filled Folder  
Without Filled Folder \$14.99 +CRV

Aqui esta como:

1. SIMPLEMENTE REGALA UN FOLLETO DE AHORROS DE SMART SHOPPER EN LA CAJA REGISTRADORA DE NUESTRA TIENDA.
2. CADA VEZ QUE VENGA A NUESTRA TIENDA REGISTRARA UNA ESTAMPILLA DE SMART SHOPPER POR CADA \$1.00 DE COMPRA DE PROVISIONES. PEGUE SUS ESTAMPILLAS AL DORSO DE SU FOLLETO DE AHORROS.
3. CUANDO SU ESTAMPILLA ESTE COMPLETAMENTE LLENA, CAMBIELA POR CUALQUIERA DE NUESTRAS FABULOSAS ESPECIALES.

### Bakery

Delicious Homemade Flan or Tres Leches Cakes

Made from scratch in our Pasteleria! Have a special event coming up? Our bakery can make fresh and delicious custom cakes for any occasion.

**\$16.99**  
8 inch

### Cocina

Chicken Family Combo

2 - Hot & Juicy Rotisserie Chickens  
2 Lbs. - Beans  
2 Lbs. - Rice  
60 Ct. - Mini Tortillas

**\$26.99**  
Each

SERVES 8-PEOPLE

Look for our weekly ad online at [foodlandmercado.com](http://foodlandmercado.com)  
EFFECTIVE DATES SEPTEMBER 15 - SEPTEMBER 21, 2020

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
15	16	17	18	19	20	21

Chula Vista  
646 "E" St.  
(619) 427-4844  
Open: 7am-10pm



El Cajon  
1099 E. Main St.  
(619) 579-4100  
Open 7am-10pm



San Diego  
5075 Federal Blvd.  
(619) 262-9992  
Open: 8am-10pm



CALIFORNIA  
**wic**  
WOMEN, INFANTS & CHILDREN  
Ensuring a bright future for every child.

